



Three 9's in a Row

A huge thank-you to everyone who sponsored Pete as he took part in a local duathlon for Prostate Scotland. We were able to send them a cheque for £200 thanks to donations and raffle entries. As you can see Pete managed to get the race number 9 and bizarrely he finished in 9th place! We couldn't have planned that. How he finished at all in that costume is a mystery...think he was hoping for some kind of super powers.



Training Tomorrow's Dentists

Pete recently trained 2 groups of young dentist's in oral surgery at the Edinburgh Postgraduate Dental institute. This is something he has been doing for the past 15 years and has seen many different groups passing through.

He said this years groups were all very enthusiastic and keen to learn more. It was great to work with a group who were so aspirational. In the past some groups have not felt the need to train much more after university but this group were keen to look for more training opportunities.

"As someone who values training highly I found it really encouraging to meet such a young determined group. I hope they represent a bright future in dentistry in the UK"

Pete

www.broxburndentist.com

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Welcome

There continues to be a lot going on at No9!

There is some interesting training to come before the end of the year and we will also be attending the Dentistry Scotland Awards in November.

Jenna has increased the range of Hygiene appointments to suit different people's needs and expectations.

We look forward to seeing you soon.

With best regards from the No9 Team

Shortlisted in The Dentistry Scotland Awards!

We are really happy to have been shortlisted for 4 categories in this year's Dentistry Scotland Awards.

We have been put forward for the awards for **Best Employer**, **Best Private Practice**, **Best Dental Team** and **Best Patient Care**. It is always encouraging to be recognised in this way and we hope it encourages you too that you are part of a practice which is judged to be of a high standard by fellow professionals.

We will be attending the Awards Ceremony in Gleneagles on Friday November 15th and are really looking forward to the evening.

We will tell you all about it when we get back!

Dentistry
SCOTLAND
AWARDS 2013

Why are Hygiene Visits So Important?

The picture opposite shows some of the connections between keeping your mouth healthy and the rest of your health. So the good news is that if we keep our mouths healthy we can have a great positive affect on our whole body!

It is quite surprising how many studies now show a relationship between gum disease and many other diseases which we may not connect with our mouth at all. If you have any concerns or worries about your oral health please speak to Jenna or Pete and they will be happy to advise you on what you can do to address these.

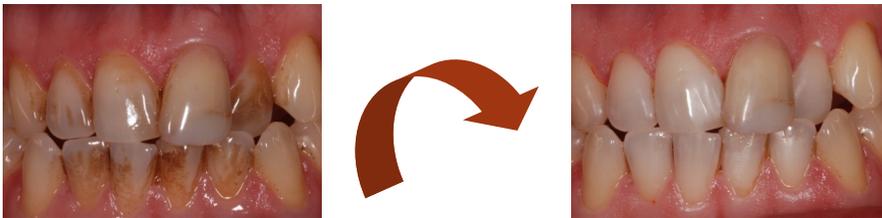
Treat Yourself to a bright and Shining Smile

While health is vitally important hygiene visits can also be about looking good. There are some people need to have their teeth whitened to improve their look but many others can see a vast change having their teeth cleaned and polished. Our regular Hygiene is suitable for most regular patients but we have introduced a couple of new treatments...

Air Gloss Polish £47

Smokers Turn Back the Clock £65

If you would like to treat yourself or someone else to one of these just let us know.



THE EFFECTS OF POOR DENTAL HYGIENE ON YOUR BODY

